

GASTROSCOPY

Please inform the nurses upon arrival of any allergies to medications or if you are diabetic. Also do not take insulin or oral medications for diabetes on the day of the procedure.

Please bring it with you.

What is a gastroscopy?

Your doctor will be looking directly at the inside lining of your esophagus, stomach and the first part of the duodenum. He will be using a lighted flexible scope with a telescopic lens on the end. Tissue samples may be taken through the scope.

Preparation for Gastroscopy

- 1.) **Please remember:** Stop all aspirin, ibuprofen, Coumadin, and/or blood thinners five (5) days prior to the procedure. If you need to take medication the morning of the procedure, drink only a small amount of water. **Please do not take blood pressure medications the morning of the procedure as the medication you receive during your procedure often lowers blood pressure.** You may use Tylenol for pain if needed.
- 2.) Do not have anything to eat or drink after midnight the night before the exam. This includes no gum, cigarettes, mints, or candy. If your procedure is after 12 pm you may drink clear liquids until 4 hours prior to the procedure.
- 3.) Do not come alone for the gastroscopy. A driver will be necessary due to an intravenous sedative that you will be given before the procedure.

During the Procedure

- 1.) The back of your throat will be sprayed with a numbing medication.
- 2.) You will receive an IV sedative medication.
- 3.) Tiny tissue samples may be taken which is painless.

After the Procedure

- 1.) You will be taken to the recovery room and then discharged home with instructions.
- 2.) Due to the Privacy Act, family members will not be able to accompany the patient to the pre-op area or during the procedure.
- 3.) If you have any questions, please contact a nurse at G.I. Consultants, Inc. at 260-484-2524 Option #3.